### DantSpa Courses

#### DR Debashree Chandak BDS MClinDent Prosthodotics Kings College London A-21935





### DantSpa Courses

- FMR with direct composites with handson kit
- FMR with indirect composites with handson kit
- FMR with crowns with handson kit
- Smile design with anterior composites with handson it
- Cermamic Veneers and Smile Design with handson kit
- Photoshop Smile Design Course- online course with templates
- FMR crowns & composites
- Live on patient FMR- the registering doc does the whole FMR in 5 days



#### FMR with Direct Composites

- This is an online 4 days course
- Time 3-7pm daily
- We will teach you both theory and practical.
- For practical a complete handson kit will be sent to you.
- The kit has a wear model, composites and finishing polishing kit etc.
- You have to restore the wear case in the hands on part.
- We would prefer you doing the course in the clinic as for the handson part you will have to work on your dental chair.

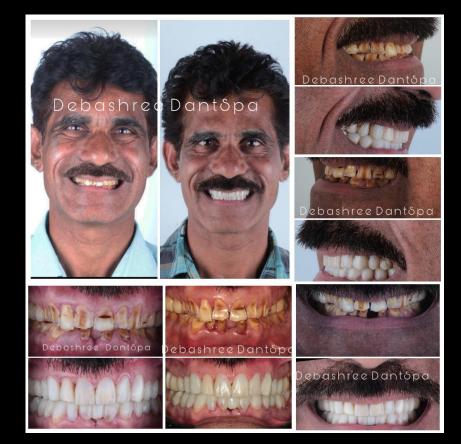




### FMR with Direct Composites

#### Topics we cover

- Composite theory
- Bonding principles
- Which bonding to use and how to use
- Shade selection
- Finishing & Polishing
- Smile Design Principles
- How to order a full mouth wax up
- Things to check in a mock up





### FMR with Direct Composites

- Easiest clinical way to record Centric relation
- Which articulator to use and why
- What is Facebow
- How to record Facebow in 3 minutes
- How to mount casts in CR
- How to transfer the Facebow to articulator super simplified
- Deprogrammer when to use
- How to make a chair side deprogrammer
- Overhyped Occlusion- super simplified in daily clinical practice
- Why do we need to give canine guidance?
- How to plan for it?
- Features of FMR occlusion
- How Occlusal analysis may change our treatment plan





### FMR with Direct Composites

- Tooth wear- Diagnosis & Management
- Attrition & Erosion
- Abrasion & Abfraction
- Generalised Wear Management
- Confirmative FMR approach- when to do and how to do
- Reorganised FMR approach- when to do and how to do





### FMR with Direct Composites

- How to plan for FMR
- Which case to be done with crowns and which with Composite
- How to convince patient for FMR
- What planning to be done before the patient comes
- Clinical steps for FMR- whole sequence
- How to manage FMR failures
- What instructions to be given to the FMR patient
- How to manage FMR recalls
- How to charge the FMR patient





## FMR with Direct Composites



- Class I
- Class II- special focus
- Class III
- Class IV
- Class V
- Diastema closure
- Multiple spaces closure and management
- Bioclear matrices
- Black triangle closure

- Composite layering techniques
- Composite Injection moulding techniques
- How to create 3D anatomy
- How to use matrices, bands and wedges
- DME deep marginal elevation
- Smile Design cases
- Full arch rubberdam placement
- Rubberdam made easy
- Tips and tricks on placement



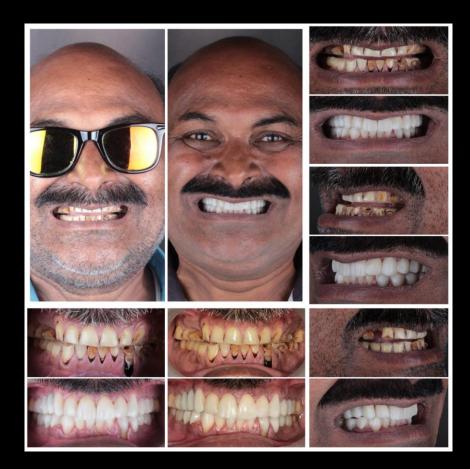
#### Cases

More than 15 FMR cases to be discussed in full protocol with follow ups

#### Video Demos

- How to record CR in patient
- How to record Facebow
- How to transfer Facebow record to articulator
- How to layer in composites
- How to finish polish and create 3D anatomy
- How to make a deprogrammer
- On Live patient recorded







### FMR with Direct Composites

Hands on

- A upper teeth wear model is given to you.
- You have to restore the teeth
- Set occlusion with the lower model.
- Full arch rubber dam placements
- Anterior teeth demo and placement
- How to create 3D anatomy
- Finish and polish
- Posterior build ups
- How to keep each tooth single during build ups
- How to set the occlusion
- Finish polish





## FMR with Direct Composites GiveAways

- Giveaways worth ₹6600/- given with the FMR course
- Free zirconia crown from Advance Dental Export (Surat)Warranty five years.
- Validity for the coupon (six months from the last day of the course)Will post vaildity period and contact number on the group at last day of the course.
- 2 discount coupons of ₹1500/- each from Esthetrix product on all their products.
- Coupon Validity (one month from the last day of the course). Minimum buy of ₹10000/- and above
- 2 discount coupons of ₹1000/- each from Bioclear products on their products (Valid only on kits, not on refill pack).
- Coupon Validity (one month from the last day of the course)Minimum buy of ₹10000/- and above.

### FMR with Direct Composites

# Participants have to arrange following things for the handon course

- Airotor handpiece
- Contra angle handpiece and attachment to the micromotor and the machine on which your handpiece will run.
- Light cure device
- 2 BP handles (compulsory )1 for 12 no blade and other for 15 no blade& 12 and 15 no blades( 2 each)
- Composite instruments which they regularly use in the clinic.
- Scissors (compulsory)
- Artery forceps
- Floss one roll
- Articulating Paper Holder
- Rubberdam kit
- We will provide you the rubberdam sheets
- Any case pics/ models that they wish to discuss
- Facebow and Articulator- for demo purpose. If you don't have one, can get from a friend or dental lab (not compulsory )15. free up phone space to record videos



# Post Course Support

- Post the course you will be added to the group, where assistance will be provided.
- All participants are in the group and post cases to motivate and learn from each other.



To See Our Work, Follow us on

dantspa\_drdebashree

DANTSPA Facebook Page



debashree\_chandak



Dantspa Debashree Chandak account



#adoptdontshop